

Making the Connection: Successful Communication in Stressful Times & Falls PIP

Continuation Phase, Session 17

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Today

IHI Curriculum

- Making the Connection:
Successful
Communication in
Stressful Times

Falls PIP

Falls Talk

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In Chat Box

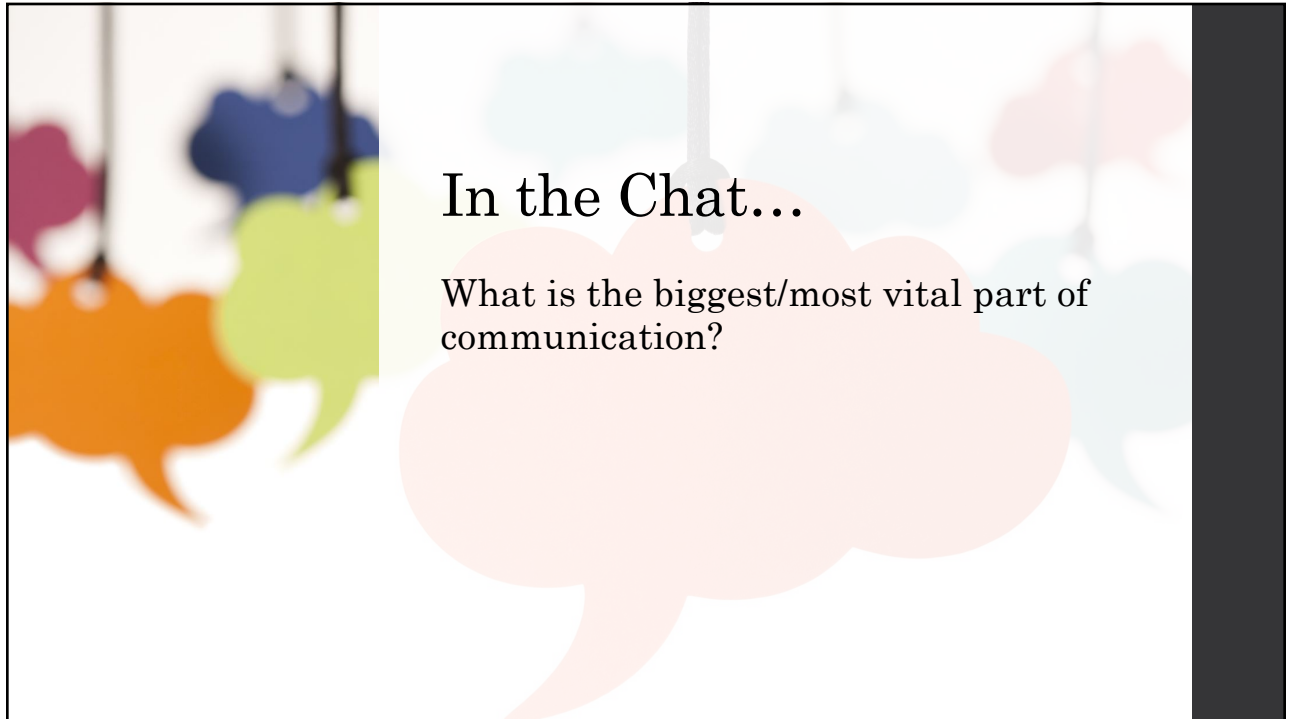
Did you do
walk rounds
last week?

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In the Chat...

- How do you ensure your team “hears” you when communicating to them?

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In the Chat...

What is the biggest/most vital part of communication?

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Video

Connect then Communicate

- Addressed team member control information
- Team members can't "hear" you if you don't mention them where they are
- First make them feel safe, make the connection, then take the discussion
- Consider personal and cultural safety

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Older Adults & Falls

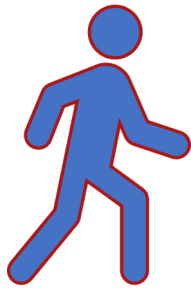
Heading into our next PIP

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Ava Maria

Billi Zupan

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Post fall physical assessment

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Key history

- ▶ Did fall occur 30 – 60 minutes after eating ?
- ▶ Occurrence after medication ?
- ▶ Any shortness of breath or chest heaviness ?
- ▶ Any light headedness ?
- ▶ Any head spinning ?
- ▶ Blurry or darkening vision ?
- ▶ Loss of urine ?

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Assess for subdural hematoma

- Balance or walking problems
- Confusion
- Dizziness
- Headache
- Nausea or vomiting
- Passing out (losing consciousness)
- Seizures
- Sleepiness
- Speech problems
- Vision problems
- Weakness or numbness that may come and go

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Vitals review

Change in temperature (up or down)

Orthostasis

Tachycardia, irregular heart

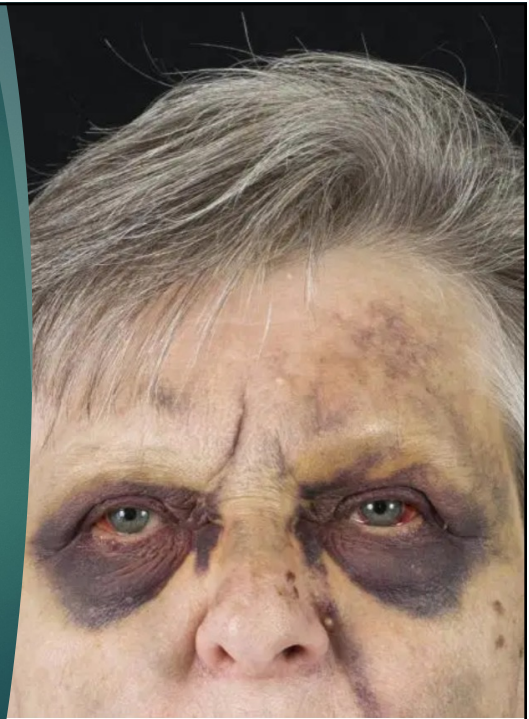
Rapid or slow breathing

Pulse ox at rest and walking

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Head

- ▶ Inspection and palpation
- ▶ Raccoon's eyes
- ▶ C2 tenderness
- ▶ Extend and rotate head
- ▶ VB bruits



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Eyes

- Unequal pupils
- VF cuts
- Nystagmus
- Upward gaze paralysis
- Papilledema



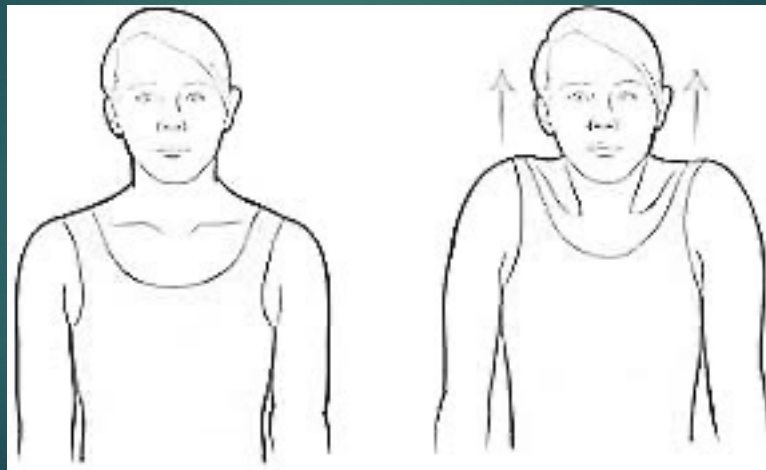
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Ears



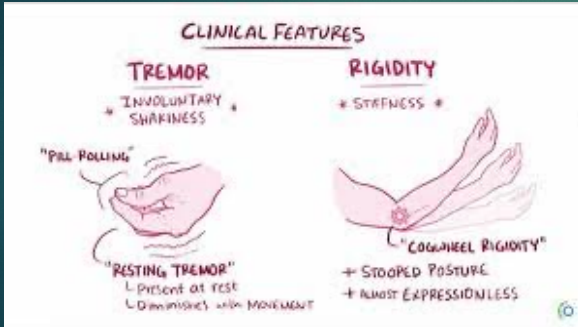
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Musculoskeletal



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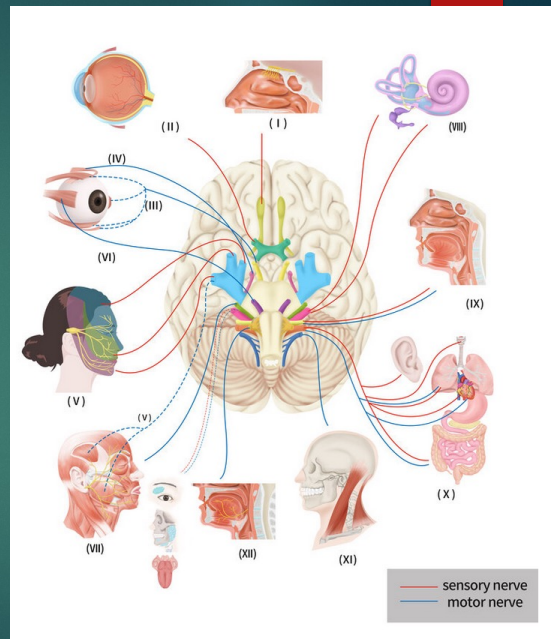
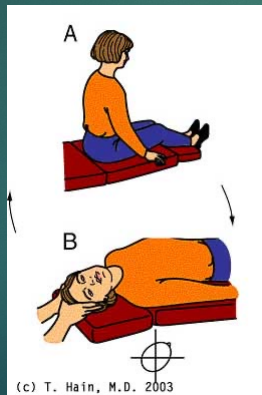
Parki signs ?



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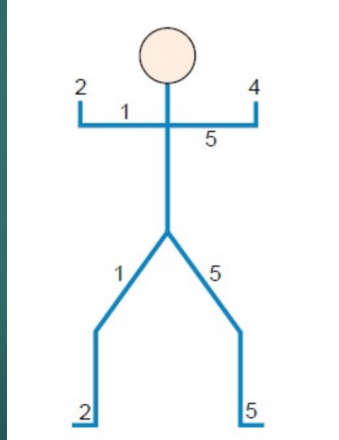
Cranial nerves

Dix Hall Pike maneuver



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Motor exam



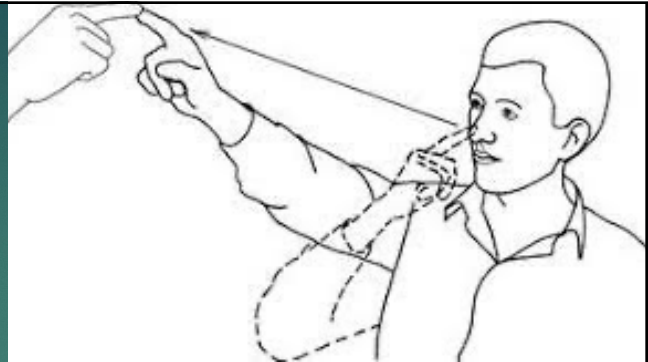
Strength

Flexibility

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Cerebellar function

- ▶ Finger to nose
- ▶ Heal to shin
- ▶ Alternating hands



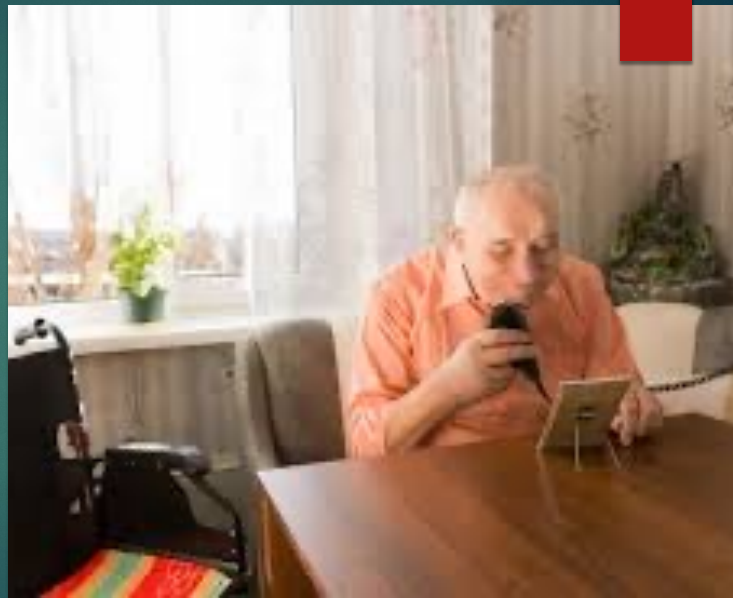
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Falls as an atypical manifestation of COVID-19

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A COVID-19 Story

- ▶ Symphony NH suffered a major outbreak
- ▶ 24 residents and 2 workers died
- ▶ A maintenance worker “super-spreader” set up dining tables in resident rooms. The worker died of the disease.



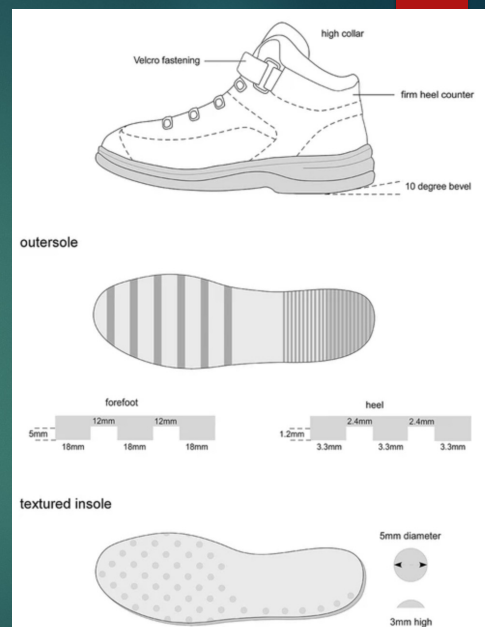
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Fall prevention

- ▶ Foot wear
- ▶ Resistance and postural training
- ▶ Vitamin D supplementation

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Are Air Jordan's the answer ?



BMC Geriatr **17**, 212 (2017). <https://doi.org/10.1186/s12877-017-0613-2>

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Homework

This week

- PDSA
- PIP Sheet

Submit Homework via Dropbox

- Now on our website (direct link to dropbox with instructions)
- <https://www.dakotageriatrics.org/project-echo-can/phase-2-continuing-education>
- Please note we might share your work with the group (if you don't want to share, please let us know)



Phase 2 – Continuing Education

Our team at Dakota Geriatrics in collaboration with Center for Rural Health is participating in the [Project ECHO COVID-19 Action Network](#) as an official training center for nursing homes. If you have questions, please email us at: dakotageriatrics@und.edu.

Dropbox Information

- [Dropbox How To](#)
- [Access Dropbox](#)

Curriculum Resources and Recorded Sessions

Phase 2, Week 5:

Phase 2, Week 4:

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If you would like additional technical assistance, please let us know.

You can work with our mentors one-on-one.

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