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Management of COVID-19 in the Nursing Home

- ► Regularly reassess Advance Care Planning and POLST
- Use e-prognosis to estimate remaining life expectancy to guide interventions
- ▶ Staff COVID-19 symptoms may be mild, be vigilant and screen
- Resident COVID-19 symptoms may be atypical (confusion, hypoactive delirium, loss of appetite, and falls)

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Take action to prevent *severe* COVID-19 infections

- Regimen of Vitamin C, Vitamin D, and zinc
- Consider beet juice for anti-viral nitric oxide and follow the research
- ▶ Infusion of monoclonal antibodies against COVID-19

3

COVID-19 management

- ▶ Hydration, especially in cognitively impaired
- ▶ Frequent vitals and lab monitoring
- ▶ Proning requires 3 hours twice daily

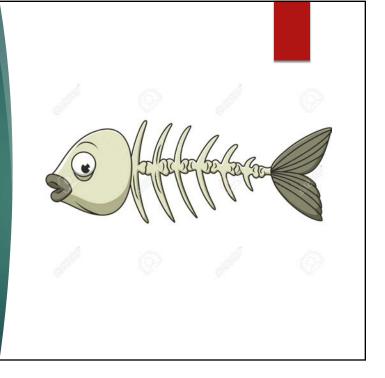


Triage residents appropriately • Palliative care options if preference or less than 1 year of remaining life expectancy GeriPal A Geriatrics and Palliative Care Blog

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Quality Improvement Use fishbone chart

- ▶ Use fishbone charts to guide Root Cause Analysis around categories of location, processes, people and communication failures.
- ► Translate audits into action plans



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