



Session 9 Summary

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Management of COVID-19 in the Nursing Home

- ▶ Regularly reassess Advance Care Planning and POLST
- ▶ Use e-prognosis to estimate remaining life expectancy to guide interventions
- ▶ Staff COVID-19 symptoms may be mild, be vigilant and screen
- ▶ Resident COVID-19 symptoms may be atypical (confusion, hypoactive delirium, loss of appetite, and falls)

2

Take action to prevent *severe* COVID-19 infections

- ▶ Regimen of Vitamin C, Vitamin D, and zinc
- ▶ Consider beet juice for anti-viral nitric oxide and follow the research
- ▶ Infusion of monoclonal antibodies against COVID-19

3

COVID-19 management

- ▶ Hydration, especially in cognitively impaired
- ▶ Frequent vitals and lab monitoring
- ▶ Proning requires 3 hours twice daily

4

Triage residents appropriately

- ▶ Palliative care options if preference or less than 1 year of remaining life expectancy

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Quality Improvement

- ▶ Use fishbone charts to guide Root Cause Analysis around categories of location, processes, people and communication failures.
- ▶ Translate audits into action plans



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